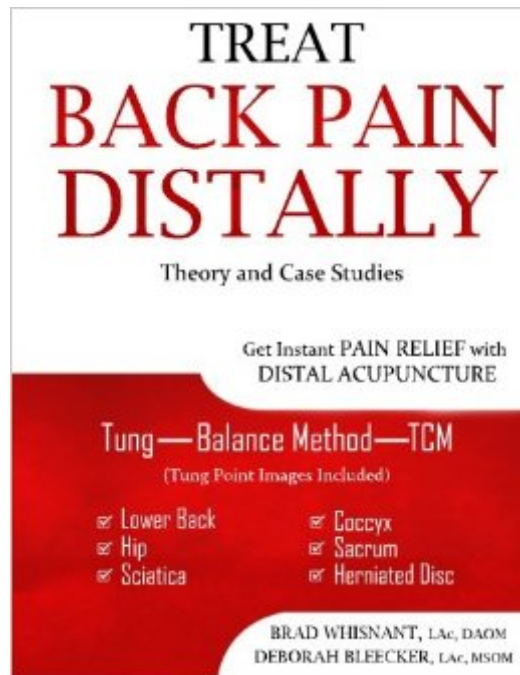


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# Treat Back Pain Distally: Get Instant Pain Relief With Distal Acupuncture



## Synopsis

**\*\* Acupuncture Textbook Treat back pain with acupuncture for instant results. Use Tung and Balance Method. Theory and Case Studies. Muscle Images. Tung Point location images. How to easily tell which meridian to treat for lower back pain, hip pain, coccyx, sacrum. There are 332 pages of theory, how to treat pain with 1-2 needles. How to treat chronic back pain after multiple surgeries. We call them acupuncture quickies. If your patient can barely walk due to back pain, there is a fast solution. The Balance Method, which has been made popular by Dr. Tan, is clearly explained. Tung acupuncture point images, TCM points images, all the images you need to do these treatments. It is all in one book. This is a complete reference for treating anything from BL 23 down to the coccyx.**

## Book Information

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## Customer Reviews

Brad Whinsnat has come out with another book this one focuses strictly on treating Back Pain. If you haven't read any of his books yet, do yourself a favor and just check them out if you can. So far I have purchased all of his books and I can authentically say that his books always provide much more value than if you had to pay double or triple the sticker price. Always a ton of accessible info with the full intent of making distal acupuncture straight forward easy to digest with the ultimate goal of making the reader a better practitioner. This book "Treat Back Pain Distally" is no different. In fact I think anyone can make a strong argument that this book might be the best of the bunch solely based on its focus of back pain. A book just on treating back pain would be an asset to any acupuncturist. With back pain being such a common problem I'm sure most acupuncturists would agree that if you want to stay in biz you better be able to successfully treat back pain.

Because according to recent stats approximately 100 million people suffer from back pain. And most people that haven't had experience with getting acupuncture believe that all acupuncture is good for is treating pain. So you better be great at treating pain especially back pain. • Treat Back Pain Distally • is basically the book form of a seasoned practitioner being available to help you treat any and every conceivable case of back pain that would walk into your office. It's just exciting to see such a well done book that focuses on such an important and specific area of treatment. I have a very extensive collection of acupuncture and Chinese medicine books that I have accumulated over the years.

I am currently an apprentice at an acupuncture clinic. It's always something I've been interested in, especially when it comes to treating chronic pain. I was recommended this book, and I'm very happy I picked it up. I learn best through reading, rather than through hands-on-experience. Everyone learns differently, but books have always seemed to work best for me. Yes, it does have old information, but for the first time Brad presented in such a way that it made sense for me. He wrote everything in a clear and concise manner that allowed me to get the information I needed without overwhelming myself. Everything was well-organized and I felt like I could read the entire book without getting lost or needing to go back and reread different parts. Other books written on the same subject just haven't been as well written, in my opinion, as this book. I've taken classes and courses before, but this book really put it all together for me. There were a lot of things that I don't think I clearly understood prior to reading this book, but now I feel like I have a good grasp on everything. I feel way more confident in my ability to perform acupuncture appropriately, and my knowledge on it's benefits when it comes to back pain. Because SO many people reach out to acupuncture for back pain distally, I really felt that it was important that I be very well-informed on the subject. This book helped give me the knowledge and tools I needed to succeed in my acupuncture class and performance. I'm actually rereading the book for a second time right now. There is a lot of information in this book, clearly laid out in a way that you can go back and re-look-up facts and information as you need to.

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